

SPECIAL EDITION

Pastoring Your Kids



PLANNING YOUR WEEK:

1

Sunday

CHURCH TIME

2

Monday or Tuesday

BIBLE TIME

3

Thursday or Friday

FAMILY TIME

WEEK 7

AGAPE

WORDS ARE POWERFUL

MEMORY VERSE:

Ephesians 4:29, *“Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up.” (NIV)*

BOTTOM LINE

Speak words that build people up.

2. BIBLE TIME

READ:

- Ephesians 4:29-32
- Proverbs 16:24

MAIN POINT:

Words are powerful. Words can be used to hurt others or to build them up. The Bible tells us that words are important to God and He only wants us to use kind words with others. This includes what we say to others and what we say about others. Negative words can really hurt someone's feelings just like positive words can make someone feel really good.

DISCUSS:

- As Christians, we are to only use kind words that “build” others up.
- If we are using our words to bless others they should feel better about themselves after spending time with us.
- Discuss situations when you would have to choose your words instead of just saying what comes to your head.
- Example: clerk is mean to you when checking out, an umpire misses a call at a game.

QUESTIONS TO ASK:

1. Share a time when someone's words made you feel bad.
2. Share a time when someone's words made you feel good.
3. How does it make you feel when you “build others up”?

3. FAMILY TIME

SQUEEZE IT OUT

WHAT YOU NEED:

- Trial size toothpaste (enough for each member of family)
- Small paper plates
- \$10 bill

WHAT YOU DO:

- Have the family sit down together at the kitchen table and give each person a trial size tube of toothpaste and a small plate.
- Starting at the same time, have a contest to see who can squeeze the toothpaste out of their tube the fastest.
- After everyone gets all their toothpaste squeezed out tell them there is one more part of the contest.
- (Put the \$10 in the

middle of the table for everyone to see.)

- Next, have everyone put all their toothpaste back in their tubes.
- The person who gets their toothpaste back in the fastest gets the \$10!

DISCUSS IT:

- There is no way to get the toothpaste back into the tube.
- Once words are spoken there is no way to get them back.
- We have to be very careful about the words we use because they are sticky just like toothpaste.
- When we use unkind words, they stick and can hurt people for a long time.

PRACTICE TIME:

- Take a moment and share an example from your own life how hurtful words were spoken to you and how you overcame it, and how kind words helped you and how they encouraged you.