

# SPECIAL EDITION

## *Pastoring Your Kids*

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### PLANNING YOUR WEEK:

**1**

Sunday

**CHURCH TIME**

**2**

Monday or Tuesday

**BIBLE TIME**

**3**

Thursday or Friday

**FAMILY TIME**

WEEK 11

## **FINDING GOD** *RIGHT CHOICES ABOUT THINKING*

### **MEMORY VERSE:**

**Romans 12:2**, "And be not conformed to this world: but be ye transformed by the renewing of your mind." (KJV)

### **BOTTOM LINE:**

Your thoughts influence your choices.

## 2. BIBLE TIME

### READ:

Romans 12:2

### MAIN POINT:

*Sometimes kids feel like they really don't have any choice about things in life. They feel like their parents make all of their choices for them. One area that kids can make choices about every day is in their thought life. We have total control over what we are thinking about and it's really important that you think good thoughts.*

### DISCUSS:

- If you have a negative mind, it is impossible to have a strong spirit man. Your thought life is directly connected to your spiritual growth.
- If a child thinks he is not good at math he will choose to not do his math homework or study for his math test. When he flunks the math test it reaffirms his thinking that he is not good at math.
- The Bible says to "think on things that are honest, true, pure, lovely and of good report." We can change our life by changing the way we think.

### QUESTIONS TO ASK:

1. If you have a negative thought there is nothing you can do? (wrong, you can change that thought)
2. Discuss what type of thought your children are having that they are having trouble with.

## 3. FAMILY TIME

### THE DROP BOX

#### MAIN POINT:

- *We need to get rid of bad thoughts and put in good thoughts.*

#### WHAT YOU NEED:

- A shoe box (you can decorate it also).
- Label it "Drop Box."

#### DISCUSS:

- Your thoughts influence your choices and your life is a product of the choices you make. If you want to change your life you can do so by making different choices: however, if you want to change your choices, you have to change how you think.
- Think about what you have been thinking about! Do you

constantly have negative thoughts about yourself and others? If you have a negative mind, it is impossible to have a strong spirit man. Your thought life is directly connected to your spiritual growth and the quality of your life.

#### WHAT YOU DO:

- You will use the box as a "Drop a Bad Thought Box."
- If someone has a bad thought, they can write it down and put it in the box. (Smaller children will need help writing it out.)
- At the end of the week you take the box and dump it in the trash.
- Open up discussion if anyone was having a difficult time about any one thing.