



# Repentance

**MEMORY VERSE:** **John 3:30**, "He must increase, but I must decrease." (KJV)

**BOTTOM LINE:** Repentance simply means to change.

## ▶ TO THE TEACHER:

- Repentance gets a bad rap.
- Most people see it as a dirty word.
- Repentance is the answer to the sin problem.
- It's the way out.
- Repentance is not a hard thing.
- It simply means to change. To stop doing what you are doing.
- We need to teach our kids to live a lifestyle of repentance.

Repentance simply means to change. Stop heading the direction you are going and turn 180 degrees and head the other direction. This is what happened when you got saved. You stopped believing what you used to believe about Jesus (He wasn't real). You now believe that Jesus is God's son, that He died on the cross and He rose again. It is this change in belief that begins our salvation.

Salvation is more than saying a prayer. It is also repentance or changing your beliefs.

Throughout our walk with Christ we experience repentance on a regular basis. The Holy Spirit convicts us of some kind of disobedience. We stop making excuses, change our thinking, and begin to change our behavior. Our behavior doesn't necessarily change overnight; however, repentance or a heart change always precedes any type of behavioral change.

God speaks to us through Bible study, prayer and worship; however, we really begin to grow close to God when we change. In other words, we stop doing what we want to do and do what God wants us to do. We must decrease so He can increase.

Repentance is not just something that happens at salvation, but a necessary process for Christian growth as well.



# Repentance

## LARGE GROUP SCHEDULE

Today's Date: \_\_\_\_\_

Lead Teacher: \_\_\_\_\_

WHO	LESSON OUTLINE	WHAT
_____	1. Participation Awards	
_____	2. Praise & Worship	
_____	3. Announcements	
_____	4. Offering	
_____	5. Motion Comic	Adventures of the Masked Hero #4
_____	6. Motion Comic Follow-up	
_____	7. Bottom Line	Repentance simply means to change.
_____	8. Memory Verse	John 3:30, "He must increase, but I must decrease." (KJV)
_____	9. Drama	"Is The Doctor In?"
_____	10. Object Lesson	The Sorry Game
_____	11. Short Film	"I Blame You"
_____	12. Short Film Application	
_____	11. Inter-Active Lesson	Tooth-Brushing Contest
_____	12. Altar Call	
_____	13. Digital Review Questions	
_____	14. Small Groups	



**SUPERCHURCH2.0**

**MOTION COMIC**

*The Adventures of the Masked Hero  
Finding God: Episode #4*

**TO THE TEACHER:**

**Goal:** get the kids to laugh and introduce the lesson.

- So Johnny, Brain and Heart Boy are lost.
- How did they get lost?
- Johnny disobeyed the rules and he got himself in a big mess.
- How do you find your way back when that happens?
- One word - repent.
- Repentance means to stop doing what you are doing and head the other direction.
- Don't run from Jesus when you sin. Run to Him.



*Panel 1*



*Panel 2*



*Panel 3*



*Panel 4*



**DRAMA**

***“Is The Doctor In?”***

**CHARACTERS:**

Dr. Rubenstein, Annabelle and Sam

**PROPS NEEDED:**

3 chairs, Dr. Rubenstein costume

**DRAMA SCRIPT:**

(Chairs set up, one on one side, two on the other. Skit opens with all guests in chairs.)

Dr. Rubenstein: Welcome ladies and gentlemen to “Is The Doctor In?” I have with me today two very special people with two very different problems. But first, let’s meet them. I have with me Annabelle. She has just graduated from high school, the top of her class, and has been admitted to college on scholarship. Then we have here Sam who is in graduate school and works a full-time job as well.

Dr. Rubenstein: Anabelle, tell us about yourself.

Annabelle: Well, thank you Dr. Rubenstein for seeing me. I am very fortunate. I come from a family where my mom and dad still love each other. I did graduate from high school the top of my class and am headed to college in a new town. No worries right?

Dr. Rubenstein: Would seem so. But what is the matter?

Annabelle: When I was in high school I thought that, if I did the best, that would make me happy inside.

Dr. Rubenstein: It seems that you did do the best.

Annabelle: Yes I did. I worked and studied and gave up a lot of things to become the best of my class.

Dr. Rubenstein: And did it make you happy?

Annabelle: Surprisingly no. When graduation day came and I looked around, I still felt empty inside and there was a void.

*Continued on next page*



***"Is The Doctor In?" Drama Script — Continued***

Dr. Rubenstein: Interesting. Okay, we will come back to you, Annabelle. Now let's hear what Sam has to say. Sam?

Sam: Thank you, Dr. Rubenstein. (Looks at Annabelle.) I know right where you are. I was there, but a very special relationship changed all that.

Dr. Rubenstein: So, what are you dealing with now, Sam?

Sam: I have an inner happiness and peace, but there are times that that peace is disturbed, if you know what I mean.

Dr. Rubenstein: Explain a little more.

Sam: Well, I don't have a void inside, but sometimes I feel like I don't even know God and don't have a relationship with Him.

Dr. Rubenstein: Okay, very good. Well, thank you both for sharing with me. I know it is hard sometimes. You both have heart problems. A simple step will help both of you. Annabelle, you told us there is a void and, even though you were a high achiever, there was no satisfaction. Correct?

Annabelle: Yes, you are right.

Dr. Rubenstein: Your heart needs a savior. The void you are feeling needs to be filled by God. When you repent and ask Jesus to be the Lord of your life, that void will go away.

Annabelle: How do I do that?

Sam: It's very simple, Annabelle. May I, Dr. Rubenstein?

Dr. Rubenstein: Certainly.

Sam: Annabelle, say this prayer with me.

Annabelle: Okay

*Continued on next page*



***"Is The Doctor In?" Drama Script — Continued***

Sam and Annabelle: Dear God, I repent and ask you to forgive me. I accept Jesus as my Lord and Savior. Cleanse my heart and make it new. I believe that you died on the cross and rose from the dead and are now my Lord and Savior. In Jesus' name. Amen.

Dr. Rubenstein: There. It was easy, Annabelle. By praying the prayer of salvation and repenting, you just made a huge decision to live the rest of your life for Jesus.

Annabelle: Thank you. I feel better already.

Dr. Rubenstein: Okay. I have a packet of information for you to take home. Let's move on to Sam. And Annabelle, if you listen you can avoid some of what Sam is experiencing.

Annabelle: Okay.

Dr. Rubenstein: So Sam, you told us earlier that you had a relationship with God?

Sam: Yes. I made Jesus the Lord of my life when I was twelve years old. But sometimes it seems like there is something keeping me from God.

Dr. Rubenstein: Well, there is and it is called sin.

Sam: But I thought that once I made Jesus the Lord of my life that I wouldn't have to worry about "sin."

Dr. Rubenstein: Well, salvation determines where you spend eternity and does deal with sin, but you have to maintain your heart and keep it clean from sin continually.

Sam: Really?

Dr. Rubenstein: Yes. As Christians we are continually being challenged in our relationship with God and our relationships in almost every area of our life. Sin is still a very real threat to every Christian.

*Continued on next page*





***"Is The Doctor In?" Drama Script — Continued***

Sam: How do I deal with it?

Dr. Rubenstein: Repentance.

Sam: Repentance?

Dr. Rubenstein: Yes, Sam. Repentance. You see, repentance simply means to change. You need to stop heading in the direction you are heading and turn around and go the other direction. When you first got saved there was a change in your belief system. You believed that Jesus could fill the void that you had

Sam: Okay, but I've been a Christian for a long time. How does this affect me?

Dr. Rubenstein: As we grow in our relationship with our Father, we do so by reading the Bible, prayer and worship. As we grow closer to Him, we will realize that there are things we need to get rid of. Some sin, some bad habits. When the Holy Spirit begins to tell us to remove things from our life, it is so we can draw closer to God.

Sam: I see. Like yesterday, when I was in line at the grocery store and the lady in front of me took so long. I shouldn't have complained so loudly.

Annabelle: Wouldn't that even go so far as to what we think?

Dr. Rubenstein: Yes, it would. When you stop making excuses for what you do and begin to change your thinking and your behavior, then you have begun to repent. This should be a process you do regularly.

Sam: What do you mean?

Dr. Rubenstein: What I mean is to do a heart check-up every day. Is there something the Father God wants you to change? Are there things you are doing you shouldn't be doing?

Sam: I see. So daily repentance.

Dr. Rubenstein: Annabelle and Sam needed to repent, but about two different things. Thank you for joining me today.

**THE END**



**OBJECT LESSON**

# *The Sorry Game*

**TAKE HOME POINT:**

Just saying your sorry doesn't change anything. True repentance brings change.

**WHAT YOU NEED:**

The board game "Sorry"

**PREPARATION:**

Lay the game out on display.

**OBJECT LESSON APPLICATION:**

The Bible says in 2 Corinthians 7:10 that godly sorrow leads us to repentance. Many people think that saying "I'm sorry" is the same thing as repentance, but it's not. Godly sorrow can lead to repentance, but if you just stop at "I'm sorry," you haven't made it all the way to repentance. Lots of Christians are playing "The Sorry Game."

(Hold up the board game "Sorry.")

Are you playing "The Sorry Game?" It goes something like this. Your mom asks you to clean your room. You forget to do it because you are too busy playing your video games. She reminds you about your messy room and you say, "Oh, I'm sorry," but you don't do anything about it. How many of you have ever done that before? You may be truly sorry, but you haven't repented yet because you haven't changed your behavior.

*Continued on next page*





***The Sorry Game*** Object Lesson — *continued*

You see, repentance looks like this.

(Start to walk down the middle aisle of the classroom.)

I'm walking along in my life and I realize I'm going the wrong way.

(Stop walking and turn 180 degrees around and head toward the front of the classroom.)

I stop, turn around completely and go the other way. If all I do is say, "I'm sorry" but I don't change my behavior - that is not good enough. Saying you are sorry all by itself doesn't change anything. Only true repentance brings change and we need to have true change in our lives if we want God to draw close to us.



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## SHORT FILM

### APPLICATION: *“I Blame You”*

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What was Jamie’s problem? That is right. Jamie kept blaming everything and everyone else for her problems. Did this attitude help her change?

(Allow for response.)

Did this attitude help Jamie get better grades?

(Allow for response.)

Absolutely not. Only Jamie could change herself. That is why it is silly to blame other people for our problems. We are the only one who can change our behavior.

The process of change always begins with repentance. The Holy Spirit convicts you of some kind of sin. Instead of making excuses or blaming others, you accept responsibility for your mistakes. That might be saying something like, “Dad, I’m sorry for my bad grades. I will do more homework and study longer for my tests.”

Then you have to do something about it. Do what you say you are going to do. In other words, change your behavior. No one else can change your behavior for you. You have to change yourself with the help of the Holy Spirit. God will

speak to you through Bible study, prayer and worship, but the bottom line is this: Are you doing what God is telling you to do? Are you changing your behavior? True repentance always invites behavioral change.



**INTER-ACTIVE  
OBJECT LESSON**

***Tooth-Brushing Contest***

**WHAT YOU'LL LEARN:** Repentance should be a part of our daily routine.

**WHAT YOU NEED:** 2 toothbrushes  
2 tubes of toothpaste  
2 bowls  
2 cups of water

**PREPARATION:** Place items on table.

**INSTRUCTIONS:**

- Pick 2 contestants that are 5th graders.
- The winner is the one who brushes their teeth the longest and does the best job.

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**SPIRITUAL APPLICATION:**

Do you brush your teeth everyday? Why? What happens if you skip a day or two? Your breath starts to stink and your teeth start to get slimy. Yuck! There is something else you should do everyday before you go to bed. You need to give yourself a heart examination. You don't need to go to the hospital, you just need a few quiet moments. You see, it is like this. Everyday we need to look inside and get the clear signal from God. Do we need to change anything? Our actions or thoughts about someone? Did we offend someone - tick someone off or has someone offended us? Just make sure your heart is clean. You need to make sure you are not just doing what you want to do, but you are doing what God wants you to do. So everyday when you brush your teeth and comb your hair, remember to check your heart.



# Repentance

## DIGITAL REVIEW QUESTIONS

NEEDED: Review Prizes (penny candy for right answers)

### ▶ TO THE TEACHER:

The **Digital Review Questions** are a part of "The Masked Hero" download.

Once you get to the Memory Verse, then **PAUSE** the video.

After you have done your teaching then **PLAY** the Digital Review Questions.

You can turn this into a **Review Game** by rewarding kids for correct answers.

1. John 3:30 says, "He must increase, but \_\_\_\_."
  - a. I must increase too
  - b. I must decrease**
  - c. I must be strong
  - d. I must go to church
2. Repentance means \_\_\_\_.
  - a. to cry a lot
  - b. to bow down
  - c. to feel guilty
  - d. to change**
3. We really grow close to God when we \_\_\_\_.
  - a. close our eyes
  - b. think happy thoughts
  - c. sing "Amazing Grace"
  - d. change our behavior**
4. 2 Corinthians 7:10 says \_\_\_\_.
  - a. godly sorrow leads to repentance**
  - b. do not eat yellow frogs
  - c. remember to brush your teeth
  - d. God likes pizza
5. What should we do if we sin?
  - a. Say 281 prayers
  - b. Cry for 45 minutes
  - c. Repent and ask God to forgive us**
  - d. Go talk to the pastor



# Repentance

## PROP LIST (Props, supplies, costumes and characters)

\_\_\_\_\_ Participation Awards (Large candy bars or prizes)

\_\_\_\_\_ How many needed?

\_\_\_\_\_ Review Prizes (penny candy)

### Drama: "Is The Doctor In?" — Pages 4-7

#### Characters

\_\_\_\_\_ Dr. Rubenstein

\_\_\_\_\_ Annabelle

\_\_\_\_\_ Sam

#### Props

\_\_\_\_\_ Dr. Rubenstein costume

\_\_\_\_\_ 3 chairs

### Object Lesson: The Sorry Game — Pages 8-9

\_\_\_\_\_ The board game "Sorry"

### Inter-Active Lesson: Tooth-Brushing Contest — Page 11

\_\_\_\_\_ 2 toothbrushes

\_\_\_\_\_ 2 tubes of toothpaste

\_\_\_\_\_ 2 bowls

\_\_\_\_\_ 2 cups of water

### Small Group: Daily Routine

\_\_\_\_\_ Hair Comb

\_\_\_\_\_ How many needed?

### Special Edition: Pastoring Your Kids

\_\_\_\_\_ How many needed?