



3. SMALL GROUP Lesson

COMMUNION

PROPS: French bread or communion wafers, white grape juice and communion cups

LESSON:

- You will serve communion to your group.
- (Hold the juice in your hand.)
- The juice represents Jesus' blood that was shed for our sins.
- If we have sinned, it helps us to forgive ourselves and also helps us to forgive those that have sinned against us.
- (Take a moment to ask for forgiveness or forgive others.)
- (Hold the bread in your hand.)
- The bread represents His body that was broken.
- If you need healing in your body, it is one way to receive healing.
- Simply receive communion and begin to thank Him for your healing.
- (Instruct children who need healing in their body to thank the Lord for the healing that He has provided for us.)

DISCUSS:

What are things to think about when taking communion? (forgiving ourselves, forgiving others, by His stripes we are healed.)

QUESTIONS TO ASK:

1. During communion, when we drink the juice, what should we be thinking about? (how Jesus shed His blood to save us from sin)
2. During communion, when we eat the bread, what should we be thinking about? (how Jesus' body was broken and beaten so we could receive healing)
3. Can you only have communion at church? (No)



Small Group Notes

SMALL GROUP SCHEDULE

1. Pre-Service Activity
2. Bible Time
3. Small Group Lesson
4. Dismiss

THE CORE COMMUNION

MEMORY VERSE:

1 Corinthians 11:26, "for whenever you eat this bread and drink this cup, you proclaim the Lord's death until He comes." (NIV)

BOTTOM LINE:

Communion helps us remember that Jesus died for us.



Scan for additional lesson.



1. PRE-SERVICE Activity

- During the Pre-Service Activity, group leaders will direct conversation and games to help kids make friends at church.
- As a group leader you have the choice of Ice Breaker Questions or Game to use as the children arrive.

ICE BREAKER Questions:

QUESTION #753:

- What is your favorite snack?

QUESTION #293:

- What is your favorite sport to play?

ICE BREAKER Game:

FOLLOW THE LEADER

- Have the children stand in a circle.
- Play a couple rounds of "Follow the Leader."
- Lead them around the circle and have them copy everything you do.
- Be silly and have fun - jump up and down, clap your hands, pick your nose, pat your head, or sing a song!



2. BIBLE Time

READ THE BIBLE: Mark 14:12-25

- **1st-2nd Grade:** Use picture Bible.
- **3rd Grade and up:** Have each child read one verse out loud. Go around the room.

This works best if everyone uses the same, easy-to-read translation of the Bible. We recommend the NIV Bible for 3rd to 5th Grade and a picture Bible for 1st to 2nd Grade.

BIBLE STORY:

The First Communion

BIBLE CONNECTION:

Jesus gathered the disciples and had the first communion with them. He knew what He would be going through and left a way for us to remember.

BIBLE QUESTIONS:

1. Who was at the "Last Supper" with Jesus? (His disciples)
2. What two things did Jesus use as a reminder for us? (bread and juice)
3. What does the bread remind us of? (His body was broken for our healing)
4. What does the juice remind us of? (His blood was shed for our sin)

Point To Make: *Communion reminds us of what Jesus did for us. It is not only meant for adults but for children also.*